



Institute for **Outdoor Learning**



D U K E   O F   E D I N B U R G H ' S   A W A R D





### WHY DO THE DUKE OF EDINBURGH'S AWARD?

Many young people find achieving a Duke of Edinburgh's Award (DofE) life-changing. A fun adventure and major challenge, three progressive award levels (Bronze, Silver and Gold) and a wide range of activities offer endless possibilities to anyone aged 14 to 24.

Millions of young people in the UK have already taken part in the world's leading youth achievement award - pushing personal boundaries, gaining new skills and enhancing their CVs and university applications.

At Gateway Adventure we can help you or your organisation achieve your goals. With an experienced team of qualified training staff and with over 50 years combined experience, we know a thing or two about helping people fulfill their ambitions.

Many company apprenticeship schemes use the Gold Duke of Edinburgh's Award during their training to help with confidence, life skills and experiences.

“COMPLETING MY DofE HAS MADE ME REALISE THAT I CAN ACHIEVE ANYTHING IF I WORK HARD ENOUGH.” JAKE, GOLD AWARD HOLDER

### WHAT IS INVOLVED?

The Duke of Edinburgh's Award is broken down into four different sections so that you gain experience across a range of skills and activities to help you plan and achieve your own personal and unique journey.



Volunteering is all about making a difference to other people's lives. Perhaps you're interested in animals or conservation? Or you might like to work with older people or raise money for a cause that means a lot to you? From teaching children cyber safety to starting a local recycling campaign, the Volunteering section of your DofE enables you to give your time to help others and change things for the better.

Gateway Adventure can be on hand to help with advice on ways to help you complete the Volunteering section. Ideas include:-

- Coaching, teaching and leadership
- Community action and raising awareness
- Helping a charity or community organisation
- Helping people
- Working with the environment or animals

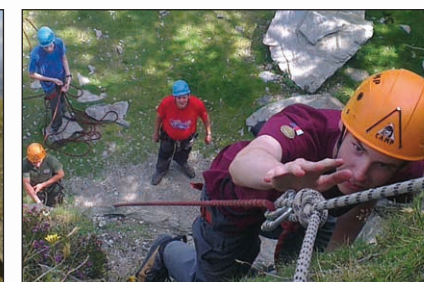


The Physical section is a chance for you to focus on your health and fitness and have fun along the way. As long as you pick something that requires a sustained level of energy and physical activity, the possibilities are endless.

Gateway Adventure can offer the following opportunities for the Physical section. Ideas include:-

- Archery
- Caving & Potholing
- Climbing
- Kayaking (British Canoeing Star Awards)
- Mountain Biking
- Orienteering
- Walking

Contact us for further information on how we can help you complete your Volunteering and Physical sections.







The Skills section is about discovering what you're really good at. By developing practical and social skills and nurturing your personal interests and talents, you'll boost your self-esteem and your CV.

Gateway Adventure can offer the National Navigation Award Scheme (NNAS) for the Skills section.



As part of a small team, you'll plan, complete a practice and final expedition that will truly stretch your horizons. You will improve your communication and leadership skills and whatever you decide to do, you'll have an unforgettable experience getting to grips with the great outdoors.

See the following page for detailed information on the Expedition section.

“ GATEWAY ADVENTURE ARE AN INTEGRAL PART IN OUR SUCCESS. WITHOUT THEIR EXPERTISE, EXPERIENCE, SUPPORT, CARE AND RESOURCES WE WOULD NOT BE ACHIEVING THE CURRENT LEVELS OF PUPILS COMPLETING THE DofE AT ALL LEVELS.”

GLENN HANCOCK,  
DofE AWARD MANAGER  
HABERDASHERS' ASKE'S HATCHAM COLLEGE



#### For Gold DofE participants only

If you are looking to achieve your Gold DofE Award, you need to complete an additional Residential section.

You will spend five days and four nights taking part in a shared, worthwhile activity with people you've never met before. A DofE residential will boost your independence and confidence and is a great way to leave a positive footprint on your life and other people's.

We predominantly aim to run residential in the Peak District as it is an ideal area to cover a wide variety of activities and is central to most areas of the UK. However, we can run residential throughout the UK including the Brecon Beacons, the Lake District and Snowdonia.

#### An example itinerary

<b>Day 1</b>	Arrive, set up camp, menu plan and meal budget, purchase food and team activities. Entertainment after the evening meal.
<b>Days 2, 3 &amp; 4</b>	Two activities per day from the following list:- abseiling, archery, bushcraft, canoeing, caving, climbing, high and low ropes, kayaking, mountain biking, orienteering, raft building and team tasks.
<b>Day 5</b>	Break camp, team activities, a debrief of the whole week and then depart.

During the evenings the activities to keep the participants on their toes can include a camp fire and sing-along and various wide games (which is an outdoor activity, usually between two or more teams).

Should you be interested in a Residential, we can design a programme to suit your needs. Prices will depend on the activities requested and the accommodation needed.

Please note that some of the activities will be dependant on the geographical make-up of the area.

Open Gold Residential from £285 per person.

Contact us for further information on how we can help you complete your Skills, Expedition and Residential sections.

## EXPEDITION TRAINING & ASSESSMENT PACKAGES

Gateway Adventure can offer bespoke packages to suit any organisations requirements. However, there are standard packages available for the Bronze, Silver and Gold Awards. Our expedition supervision policy ensures there is a minimum of one instructor per team for 'Walk & Talk's. On unaccompanied ventures there is a minimum ratio of one instructor for every two teams.

We also ensure that all our expeditions are independantly assessed by our experienced instructors who have not been involved with training of the team's they are assessing.

### BRONZE PACKAGE

**Our Bronze Package consists of five or six\* days spread over three/four different dates.**

<b>Day 1</b>	A 'Walk & Talk' which is particularly useful for evaluating individual strengths and weaknesses in navigation skills. Our instructors are on hand to answer any questions or concerns about partaking in the DofE Award.
<b>Day 2*</b>	Basic expedition training to include topics such as kit, navigation, route planning, food and nutrition etc.
<b>Days 3 &amp; 4</b>	Consists of an overnight practice expedition where the participants take part in a further 'Walk & Talk' on day 3 and then meet supervisors at checkpoints on day 4.
<b>Days 5 &amp; 6</b>	Finally the participants take part in their qualifying expedition over the final two days.

### SILVER PACKAGE

**Our Silver Package consists of seven or eight\* days spread over three/four different dates.**

<b>Day 1</b>	A 'Walk & Talk'.
<b>Day 2*</b>	Basic expedition training to include topics such as kit, navigation, route planning, food and nutrition etc.
<b>Days 3, 4 &amp; 5</b>	Consists of an overnight practice expedition where the participants take part in a further Walk & Talk on day 3 and then meet supervisors at checkpoints on days 4 & 5.
<b>Days 6, 7 &amp; 8</b>	The participants take part in their qualifying expedition over the final three days.

### GOLD PACKAGE

**Our Gold Package consists of 10 days spread over three/four different dates.**

<b>Day 1</b>	A 'Walk & Talk'.
<b>Day 2</b>	Day route planning session for the qualifying expedition plus comprehensive training to include topics such as kit, navigation, route planning, food and nutrition etc.
<b>Days 3, 4 &amp; 5</b>	Consists of an overnight practice expedition where the participants take part in a further 'Walk & Talk' and an overnight supervised 'Wild Camp' on day 3 and then meet supervisors at checkpoints on days 4 & 5.
<b>Days 6 to 10</b>	Finally the participants take part in their qualifying expedition over the final five days which includes an acclimatisation day prior to the start of their venture.

*\*Not included if basic expedition training is delivered by the school or organisation.*





## OUTSOURCING YOUR EXPEDITIONS

If you have ever run expeditions for the DofE Awards, you know that it can be very time consuming. And then there is the cost of the equipment and making sure you have the staff with the right qualifications and experience!

This is where we come in. We make it easy for you!!

We offer a complete foot expedition package for Bronze, Silver and Gold. If, however, you are interested in alternative modes of travel such as cycling or canoeing/kayaking then contact us for further information.\*

We provide the staff and equipment for training, practices and assessed expeditions. Our staff are all experienced and qualified and many are accredited assessors. All are First Aid qualified and are DBS cleared.

*\* Please note pricing will increase for these alternative modes due to hire of cycles or canoes/kayaks and the relevant safety equipment.*



## TAILOR MADE PACKAGES!

The beauty of our service is that we can give you exactly what you want! We understand that each organisation has different requirements.

Our prices include campsite fees and fully qualified supervision. We sort out all of the expedition administration. All you need to do is arrange the transportation of the participants to the expedition area.

We do encourage everyone taking part to supply their own personal equipment as they advance through the DofE Awards. However, the package can include first aid kits, mess tins, roll mats, rucksacks (65 litre), sleeping bags, stoves, tents, trowels, waterproof jackets and trousers for participants who are finding it difficult to finance such items.

### Sample Packages (Including additional basic expedition training day\*)

**Bronze (5/6\* Day)** 2 Training Days\*, 2 Day Practice, 2 Day Assessment

**Silver (7/8\* Day)** 2 Training Days\*, 3 Day Practice, 3 Day Assessment

**Gold (10 Day)** 2 Training Days, 3 Day Practice, 5 Day Assessment\*\*

*\* Reduce to 1 basic expedition training day if delivered by the school or organisation.*

*\*\* Based on non-direct entrants.*

*Direct entrants may require additional training dependant on their individual abilities (at extra cost).*

### SIMPLE PRICING!

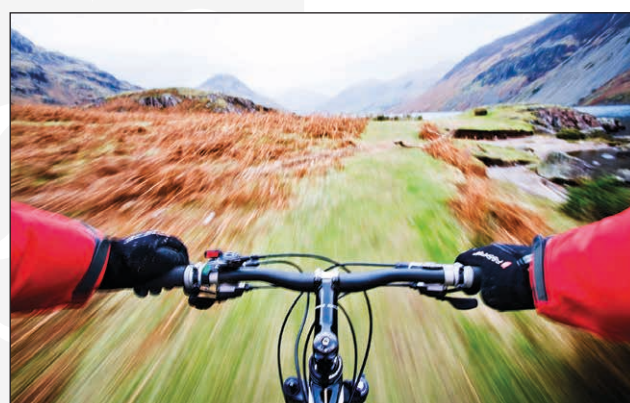
One price, per person, per day for foot expeditions.

Bronze £50.00 per day\*

Silver £50.00 per day\*

Gold £60.00 per day\*

*\* Subject to additional cost to hire as necessary, for example minibus(es), cycles, canoes/kayaks and relevant safety equipment.*



## INSTRUCTOR HIRE

The majority of our instructors have a youth work background with a passion for the outdoors and a wealth of experience delivering the DofE Awards.

Having worked with local authorities, outdoor education providers, the Scouts organisation and many other large Youth organisations our staff have the skills, knowledge and experience to ensure your expedition is a success.

If you simply require an instructor to oversee or support your expedition we will happily hire out our instructors at a very competitive rate. We also have available accredited DofE Assessors who can assess all Bronze, Silver and Gold expeditions.



## EQUIPMENT HIRE

Gateway Adventure recognises the pressures that can be imposed on parents/guardians when it comes to the initial kitting out a son or daughter who is embarking on their DofE expedition training. These pressures are somewhat increased if there are other siblings.

Although some items of personal expedition kit are essential for each individual, it is possible to hire certain items to ease costs.



A limited number of items are available including:-

- First Aid kits
- Mess tins
- Roll mats
- Rucksacks (65 litre)
- Sleeping bags
- Stoves (Alpine gas stove)
- Tents (2 & 3 man)
- Trowels
- Waterproof jackets
- Waterproof trousers

## eDofE TRAINING & SUPPORT

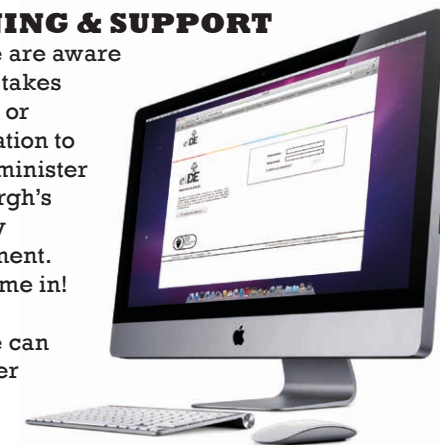
Gateway Adventure are aware of how much time it takes staff within a school or workplace/organisation to co-ordinate and administer the Duke of Edinburgh's Award in an already pressured environment. This is where we come in!

Gateway Adventure can be on hand to deliver eDofE training packages for adult volunteers who need to get to grips with the ins and outs of managing a Duke of Edinburgh's Award unit.

We can come in to the school on a regular basis or manage the participants remotely where we visit the school or organisation when required.\*

*\*Additional cost applies*

Whatever your needs, you can be sure that your school, workplace or organisation and your participants will benefit from the prestige that comes with the gaining of a Duke of Edinburgh's Award in partnership with Gateway Adventure.



“THE PROFESSIONAL SERVICE WE RECEIVED FROM GATEWAY ADVENTURE WAS EXCEPTIONAL.”

JON BRYSON  
DofE AWARD MANAGER  
BISHOP CHALLONER SCHOOL

“ I WOULD LIKE TO EXPRESS OUR THANKS AND GRATITUDE TO YOU FOR THE WAY GATEWAY ADVENTURE HAVE SUPPORTED THE RUNNING OF THE DUKE OF EDINBURGH'S AWARDS WITHIN OUR SCHOOL.”

SUZY GRIFFITHS  
DofE AWARD MANAGER  
EDGBASTON HIGH SCHOOL FOR GIRLS







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